weight health

The weight health program is built to support sustainable weight loss and well-being for your employees.

Weight Health Program offers a modern, holistic approach to weight management, combining expert-guided care with lifestyle coaching. Employers can provide this benefit at a simple PEPM (Per Employee Per Month) rate.

Service Highlights

- **Weight loss medications for eligible members** prescribed by providers to help them stay on top of doses and manage any symptoms.
- **Personalized coaching sessions** with an experienced Weight Health Coach to keep your employees motivated, focused, and moving forward.
- **Free home delivery** of essential weight health medications, saving members a visit to the pharmacy.
- **Access to robust digital resources powered by FitOn PRO,** the leading fitness and meal planning platform.



Member Support Line

855-226-6567

Comprehensive, Whole-Person Care

Address physical, emotional, and behavioral aspects of weight management.

Cost Predictability

Employers enjoy simple, PEPM-based pricing with no surprises. Employees only cover the cost of medications.

Meets Growing Demand for Weight Loss Solutions

52%* of full-time workers want weight-loss drugs included in their health benefits.

**HealthNews, "Employees Want Weight-Loss Drug Coverage," (healthnews.com)*

MyLiveDoc

Your health, your time